





























ALLERGENS

ITEM NO.	ITEM DESCRIPTION	 Cereals containing gluten	 Soya	 Egg	 Milk	 Nuts	 Sulphites	 Mustard	 Celery	 Sesame	 Crustaceans	 Fish	 Peanuts	 Lupin	 Molluscs
3001	Raspberry & Almond Cake	May Contain	No	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3002	Pistachio Loaf Cake	Wheat	Yes	Yes	Yes	Contains: Almonds, Pistachios Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3003	Lemon Drizzle Loaf Cake	Wheat	No	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3004	Coffee & Hazelnut Cake	Wheat	Yes	Yes	Yes	Contains Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3005	Chocolate Cake	Wheat, Barley	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3006	Lemon Cake Round	May Contain	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3007	Caramel Chocolate Flapjack	May Contain	Yes	May Contain	Yes	Contains: Almonds, Pistachios Other nuts maybe present*	No	No	No	No	No	No	No	No	No















The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

ALLERGENS

															
ITEM NO.	ITEM DESCRIPTION	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
3008	Espresso Brownie	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3009	Chocolate & Cherry Brownie	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3010	Chocolate & Orange Rocky Road	Wheat, Barley	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3011	Caramel Shortbread	Wheat	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3012	Gluten Free Orange Chocolate Brownie	May Contain	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3013	Vegan Chocolate Brownie	Wheat	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3014	Caramelised Hazelnut Brownie	Wheat	Yes	Yes	Yes	Contains: Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3016	Raspberry Bakewell	Wheat	No	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No















The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

ALLERGENS

ITEM NO.	ITEM DESCRIPTION	 Cereals containing gluten	 Soya	 Egg	 Milk	 Nuts	 Sulphites	 Mustard	 Celery	 Sesame	 Crustaceans	 Fish	 Peanuts	 Lupin	 Molluscs
3017	Caramelised Hazelnut Shortbread	Wheat	Yes	Yes	Yes	Contains: Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3018	Granola Tray	May Contain	No	May Contain	Yes	Contains: Almonds, Walnuts, Pecans Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3019	Vegan & Gluten Free Granola Tray	May Contain	No	May Contain	May Contain	Contains: Almonds, Walnuts, Pecans Others nuts maybe present*	No	No	No	No	No	No	No	No	No
3021	Carrot Loaf Cake	Wheat	Yes	Yes	Yes	Contains: Walnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3023	Banana Nut Loaf Cake	Wheat	No	Yes	May Contain	Contains: Walnuts, Pecans Other nuts maybe*	No	No	No	No	No	No	No	No	No
3027	Double Chocolate Brownie	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3028	Noisette Cake	Wheat	Yes	Yes	Yes	Contains: Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3032	Lemon Drizzle with Peel Loaf Cake	Wheat	No	Yes	Yes	Contains: Almonds	No	No	No	No	No	No	No	No	No















The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

ALLERGENS















ITEM NO.	ITEM DESCRIPTION	 Cereals containing gluten	 Soya	 Egg	 Milk	 Nuts Other nuts maybe present*	 Sulphites	 Mustard	 Celery	 Sesame	 Crustaceans	 Fish	 Peanuts	 Lupin	 Molluscs
3033	Vegan Chocolate Cake	Wheat, Barley	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3034	Carrot Cake Round	Wheat	Yes	Yes	Yes	Contains: Walnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3035	Caramel & Rolo Brownie Stack	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3036	Salted Caramel & Walnut Brownie	Wheat	Yes	Yes	Yes	Contains: Almonds, Walnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3037	Vegan Caramel Shortbread	May Contain	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3038	GF Lemon & Ginger Slice	May Contain	No	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3039	GF & Vegan Nutty Boost Bar	May Contain	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3040	Malted Tiffin	Wheat, Barley	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No

The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.















ALLERGENS

ITEM NO.	ITEM DESCRIPTION	 Cereals containing gluten	 Soya	 Egg	 Milk	 Nuts	 Sulphites	 Mustard	 Celery	 Sesame	 Crustaceans	 Fish	 Peanuts	 Lupin	 Molluscs	
3041	Vegan Chocolate Orange Rocky Road	Wheat, Barley	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3042	Caramel Crispie	Wheat, Barley	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3043	Victoria Sponge Cake	Wheat	No	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3044	Chocolate & Cherry Cake	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3045	Coconut & Rose Water Loaf Cake	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3051	Hazelnut & Chocolate Marble Cake	Wheat	Yes	Yes	Yes	Contains: Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3052	CR Cakeout Indulgent Pack Caramel Shortbread – 6 portions	Wheat	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No
3053	CR Cakeout Indulgent Pack Chocolate Brownie – 6 portions	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	No

The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

ITEM NO.	ITEM DESCRIPTION	 Cereals containing gluten	 Soya	 Egg	 Milk	 Nuts	 Sulphites	 Mustard	 Celery	 Sesame	 Crustaceans	 Fish	 Peanuts	 Lupin	 Molluscs
3054	CR Cakeout Indulgent Pack Caramel Chocolate Flapjack – 6 portions	May Contain	Yes	May Contain	Yes	Contains: Almonds, Pistachios Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3055	CR Cakeout Indulgent Pack – 18 portions	Wheat	Yes	Yes	Yes	Contains: Almonds, Pistachios Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3056	CR Cakeout Lighter Pack Nutty One – 6 portions	May Contain	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3057	CR Cakeout Lighter Pack Popcorn Bar – 6 portions	May Contain	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3058	CR Cakeout Lighter Pack Crispie One – 6 portions	Barley	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3059	CR Cakeout Lighter Pack – 18 portions	Barley	Yes	May Contain	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3060	CR Cakeout Gluten Free & Vegan Pack Caramel Shortbread – 6 portions	No	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No
3061	CR Cakeout Gluten Free & Vegan Pack Chocolate & Orange Brownie – 6	No	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe	No	No	No	No	No	No	No	No	No

The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

	portions					present*										
																
ITEM NO.	ITEM DESCRIPTION	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs	
3062	CR Cakeout Gluten Free & Vegan Pack Nutty Boost Bar – 6 portions	No	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	
3063	CR Cakeout Gluten Free & Vegan Pack – 18 portions	No	Yes	May Contain	May Contain	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	
3064	CR Cakeout Xmas Pack Chocolate & Cherry Brownie – 6 portions	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	
3065	CR Cakeout Xmas Pack Chocolate & Orange Brownie – 6 portions	Wheat	Yes	Yes	Yes	Contains: Almonds Other nuts maybe present*	No	No	No	No	No	No	No	No	No	
3066	CR Cakeout Xmas Pack Praline Crunch– 6 portions	Barley, Wheat	Yes	May Contain	Yes	Contains: Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No	
3067	CR Cakeout Xmas Pack – 18 portions	Barley, Wheat	Yes	May Contain	Yes	Contains: Almonds, Hazelnuts Other nuts maybe present*	No	No	No	No	No	No	No	No	No	

The following allergens ARE handled on the premises: tree nuts *(Almonds, Hazelnuts, Walnut, Pecan, Pistachio), gluten, wheat, barley, oats, milk, soybeans, eggs, sulphur dioxide and sulphites. Allergens fish, crustaceans, molluscs, celery and celeriac, mustard, lupin are NOT handled on the premises. We have steps in place to minimise cross contamination, please ask if you would like details of these. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.